

# AVA SMITH

Level 9 / Training 10  
Class of 2024



## CONTACT INFO



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## SOCIAL MEDIA

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## EDUCATION

Lee's Summit West HS | GPA 3.3

## BIO

Hi, I'm Ava. I started gymnastics when I was three years old. When I'm not at the gym or school, I like to hangout with my friends and family. I am in the 2nd course of an advanced medical program at my high school. Some of my gymnastics accomplishments are placing first in the all-around at the 2019 NCAA Challenge, as well first on bars. At the 2019 State Championships, I placed 4th on vault, and bars as well as AA.

## SKILLS

### VAULT

#### Competition ready

Yurchenko tuck

#### Training

Yurchenko pike/layout

### BAR

#### Competition ready

Blind ½ to bail, giant clear-hip double tuck dismount

#### Training

blind front giant, pike jager, full pirouette

### BEAM

#### Competition ready

Back handspring back handspring, split jump back tuck, side aerial, split ½ back tuck, back handspring full dismount

#### Training

front aerial, aerial handspring, switch ½ back tuck, backhandspring 1 ½ dismount

### FLOOR

#### Competition ready

roundoff 1 ½, front layout front layout, double turn, switch side straddle ½, switch leap switch ½ split jump

#### Training

Double tuck, Double pike, round off 1 ½ punch tuck & pike, switch side straddle full/popa

## HIGH SCORES

### Level 9

Vault: 8.95  
Bars: 9.15

Beam: 9.275  
Floor: 8.825

AA: 36.0

## MEETS THIS SEASON

Tampa Bay Turners Invitational, Vegas Cup, Nashville Nights, Dragon Invitational, Elevate the Stage Toledo, Olympia Crown Invitational