

MYELLE BYRAM

Level 10
Class of 2023



CONTACT INFO



Xtreme Gymnastics
725 NW Commerce Dr.
Lee's Summit, MO 64086
816-347-8008

Coach:
Alisha Robinson
alisha@xgkids.com
816-560-9192

SOCIAL MEDIA

Athlete  myelle_gymnastics24

Gym  xgkids  xgkids  xgkids.com

EDUCATION

Lee's Summit West HS | GPA 4.0238

I started gymnastics when I was three years old. Whenever I am not in the gym or at school, I love to watch Netflix, hang out with my family and friends, and babysit. I am hoping to continue my gymnastics career into college and plan on studying to become a physical therapist.

2017 - Level 7 Missouri State Championships - 1st AA

2017 - Level 7 Regionals - 1st beam (9.525), 3rd floor (9.525) and 1st AA (37.875)

2018 - Level 8 Missouri State Championships - 1st beam (9.325), 1st floor (9.325), and 1st AA (37.15)

2018 - Qualified to be on the Region 4 Super 8 Team

2018 - 2019 Season - Injured

SKILLS

VAULT

Mastered Skills

Yurchenko layout

Training

Yurchenko layout 1/1

BARS

Mastered Skills

bail, giant clear hip to double tuck dismount, reverses, Tkachev, half pirouettes to bail

Training

full-outs, full pirouettes, toe hand, blind to front giants

BEAM

Mastered Skills

Back handspring layout, switch leap, split jump back tuck, beat jump tuck jump 3/4, full turn, roundoff full dismount, front handspring, roundoff double full, beat jump split jump 3/4, switch switch leap, back tuck split jump

Training

Roundoff double full dismount, side aerials, upgraded leaps, one footed front

FLOOR

Mastered Skills

Double tuck, front full front pike, round off 1 1/2 front pike, switch leap switch half, tour jete, front layout front layout, double pike

Training

upgraded front passes and leaps, front full front layout

HIGH SCORES

Level 9

Vault: 9.575
Bars: 8.525

Beam: 9.475
Floor: 9.325

AA: 35.65

MEETS THIS SEASON

Wisconsin Dells Safari Invitational, Biles International Invite, Rolling Thunder, Jekyll Island Invitational, Cupid Classic, Olympia Crown Challenge, Elevate the State