

EMILY JOYCE

Level 10
Class of 2022



CONTACT INFO



Xtreme Gymnastics
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SOCIAL MEDIA

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EDUCATION

Notre Dame de Sion High School | GPA 4.7

My name is Emily and I am currently a junior at Notre Dame de Sion High School. I have competed 3 seasons as a level 10, and I have been training at Xtreme since I was two years old. In 2017, I was the Level 9 Region 4 Vault and AA champion and finished 15th in the AA at Westerns. After battling some injuries to start the 2018-2019 season, I came back strong to finish 2nd in the state on bars and was a Regional qualifier where I placed 2nd on vault. The 2019-2020 season was my strongest by far, earning my career-best scores on vault, beam, and all-around. In my spare time, I enjoy reading, photography, travel, and anything Harry Potter. I aspire to compete gymnastics on a collegiate level and pursue a course of study within the STEM field.

SKILLS

VAULT

Mastered Skills

yurchenko layout, yurchenko layout 1/1,
yurchenko tuck 1/1

Training

Yurchenko 1.5

BAR

Mastered Skills

clear-hip/toe hand - toe snap, blind 1/2 to
bail handstand, full pirouette, full-out dismount

Training

double layout dismount

BEAM

Mastered Skills

back handspring layout back handspring, back
handspring layout, front aerial switchleap split jump,
front toss sissone, sheep jump, switch 1/2 back
handspring 1 1/2 dismount, switch leap backtuck

Training

FLOOR

Mastered Skills

double tuck, double pike, full-in, front 1/1 front 1/1,
front 1/1 front layout, front 1/1 front pike, front lay
front lay, round-off 1 1/2 pike, switch ring
tour jefé 1/2, switch ring switch 1/2, double turn

Training

double Arabian, Rudi

HIGH SCORES

Level 9

Vault: 9.4
Bars: 8.800

Beam: 8.95
Floor: 9.25

AA: 36.10

MEETS THIS SEASON

Wisconsin Dells Safari Invitational, Biles International
Invite, Rolling Thunder, Jekyll Island Invitational, Cupid
Classic, Olympia Crown Challenge, Elevate the State